

West Lancashire Dementia Hub



**Wellbeing Centre
Moorgate
Ormskirk
L39 4RY**

**Third Wednesday every month
2.00pm - 4.00pm**

West Lancashire Dementia Hub is a unique, community based service with open access for local residents with dementia, their families, friends and carers and anyone who may be worried about their memory. A wide range of professional people and organisations are on hand to offer help and advice. All welcome, drop-in for a cuppa!

Dementia Community Links

Free service offering one to one support to those living with dementia or a memory concern and their carers. We aim to reduce social isolation, maintain independent living & provide opportunities to be involved in social, creative or educational activities.

Day Time Support service

Centre's in Ormskirk, Skelmersdale and Hesketh Bank where individuals can attend for a full or half day to socialise, learn or relearn skills and take part in engaging and meaningful activities. We provide a nutritional, two course meal with refreshments and snacks throughout the day (transport available additional charge).

Information and Advice Helpline

This service is free of charge, confidential, independent and impartial. We are able to help you with a range of issues. This may be about claiming benefits, housing, health and care issues or local services.

t: 0300 303 1234

e: referrals@ageuklancs.org.uk

w: www.ageuklancs.org.uk

Dementia Adviser Service

Timely and appropriate information and signposting from the point of diagnosis for the person living with dementia and those who support them. Our Dementia Advisers help you understand your diagnosis, answer any questions you may have and enable you to continue to live well with your diagnosis.

Dementia Support Service

Individualised support for Carers and people living with dementia providing information, signposting and support. Our Dementia Support Workers provide a point for all to turn and return to throughout the dementia journey.

Dementia Cafes

Open monthly meetings for people with dementia and carers, they provide an opportunity to meet with other people in a similar situation, meet new friends, access information, activities and share experiences.

Singing for the Brain

A weekly group held in Ormskirk, focused on the person living with dementia by using singing to bring people together in a friendly, stimulating environment.

t: 01772 788700

e: centrallancashire@alzheimers.org.uk

w: www.alzheimers.org.uk

Provides care and support to patients living with dementia and their carers and relatives when they are in the Hospital. This includes gathering information to best know and understand patients, their preferences and needs and signposting to support in the community for when they leave the Hospital. Ensuring that they have the best possible care and experience whilst in Hospital and beyond

t: 01704 574741

e: soh-tr.info@nhs.net

w: www.southportandormskirk.nhs.uk

**Mooney
Everett**
SOLICITORS

We can advise you on making a will, inheritance and tax planning, estate administration, making a power of attorney, loss of mental capacity, court of protection applications and applying for probate.

t: 01695 574111

e: law@mooneyeverett.co.uk

w: www.mooney-everett.co.uk



Cottage Lane Mission is a dementia friendly church that offers support and promotes inclusion of those affected by dementia in all our activities. In particular, our weekly luncheon club provides a three course meal and addresses loneliness and isolation both for those living with dementia and carers.

t: 01695 574103

e: info@clmchurchormskirk.org.uk

w: [Facebook.com/clmormskirk](https://www.facebook.com/clmormskirk)


SENIOR CARE

To us, it's personal.

We deliver a high quality care service to adults and older people, helping them to remain safe, in the comfort of their own home, for longer.

Rated 'Outstanding' by CQC our regulator, CAREGivers encourage favourite activities, stimulating pastimes, assist with trips out, enabling social interaction, prepare nutritious and favourite meals, and encourage reluctant eaters, keep the home clean, safe and familiar, provide personal care for comfort and wellbeing and assist with medication routines with the utmost dignity and respect. All CAREGivers receive Dementia training, hold CRB status, and are routinely assessed against delivering the highest standards of care.

t: 01695 589071

e: robert.godson@homeinsteadwlc.co.uk

w: www.homeinstead.co.uk/westlancs



Carers Support West Lancs

Providing information about services and support in the local area to anyone who is caring unpaid for a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without their support.

t: 01695 733737

e: yvonne@wlcvs.org

w: www.wlcvs.org



Morrison's Ormskirk store holds a 'Quieter hour' on Saturday mornings where you can expect to find dimmed lights and a quiet ambience with no tannoy announcements. All designed to create a more peaceful shopping environment.

West Lancashire Dementia Hub Calendar 2019

Third Wednesday of every month 2.00 - 4.00pm

Date	Event Type	Guest (informal talk at approx. 3pm)
8th May	Launch of the Hub – all welcome!	Dr Penny Foulds , MAC Clinical Research, Defying Dementia, Lancaster University 'An update on current dementia research, and the reasons why everyone should be involved'
19th June	Drop in	Peter Holton Age UK Lancashire 'Local dementia services'
17th July	Drop in	Karen Scarborough Community Fire Safety Officer Lancashire Fire and Rescue 'Keeping safe at home'
21st August	Drop in	Amanda Boulton Alzheimer's Society 'Update from Alzheimer's Society in West Lancashire'
18th September	Drop in Activity & Chat Session	Reminiscence activities Age UK Lancashire Dementia Community Links Team All welcome
16th October	Drop in	Independent Community Advocacy Network North 'Advocacy support at ESA/PIP/UC health assessments & tribunals'

If you/your organisation would like to join West Lancashire's Dementia Friendly Community please contact us by dropping into the Hub or via the following methods:

Facebook: @WestLancsDFC Twitter: @westlancsdfc e: westlancsdfc@gmail.com

Supported by



Aughton & Ormskirk

